

2017 Alberta Youth Cross Country Ski Championships Bragg Creek, AB



Date of event: Feb 10-12, 2017

Host Club: XC Bragg Creek

Co-Event Chiefs: Roy Strum and Erik Anderson, XCBC

Assistant Chief: Ann Sullivan, XCBC

Trails: West Bragg Creek Ski Trails, Kananaskis Country

Background

Alberta Youth Championships (AYC) is a provincial-level event aimed at a four-year age grouping referred to in Alberta as Mini-midgets and Midgets (2003-2006 birth years). This event is the club championship event for this age group in Alberta. The 2017 AYC will incorporate several features:

- Accommodation and food services included in registration cost

- Three events (individual freestyle; wave start classic; team relays; single-year age categories; coach relays)
- Awards to 10th place in each competition category

Event structure

This comprehensive event proposal includes race events, awards, accommodations, waxing facilities, special events, and food services.

Events

Friday, Feb 10, 2017

- 5:30 pm – move in to Kamp Kiwanis, Bragg Creek, AB
- 8:00 pm – Team welcomes and introductions, snack and athlete social
- 8:30 pm – Team Captains/Coaches meeting; race bibs, start lists, course maps

Saturday, Feb 11, 2017

- 6:30 am – breakfast at Kamp Kiwanis
- 8:15am - first departure of 2 buses for West Bragg Creek Ski Trails; buses return to Kamp Kiwanis for second load of athletes and coaches
- 9:15am - second (and final) departure of 2 buses for West Bragg Creek Ski Trails
- 8:45-9:00 am – arrival at West Bragg Creek Ski Trails
- 10:00 am – Individual start classic race, AYC categories
- 1:30 pm - relays
- 2:45 pm – end of competition, return to Kamp Kiwanis, 4 buses pick up at 2:45
– coaches meeting 4:30pm
- 5:45pm – AYC banquet at Kamp Kiwanis; meal, awards

- 8:00 pm – athlete dance and coaches social
- 9:00pm – end of program

Sunday, Feb 12, 2017

- 6:30 am – breakfast at Kamp Kiwanis
- 8:00 am – move out of Kamp Kiwanis
- 8:30 am – departure for West Bragg Creek Ski Trails (no bus service on Sunday)
- 8:45-9:00 am – arrival at West Bragg Creek Ski Trails
- 9:30 am – seeded wave skate (groups of 5 athletes; 30-second intervals – based on Saturday's results)
- 12:00 pm – lunch on-site at West Bragg Creek; individual and team aggregate awards
- 1:00 pm departure from West Bragg Creek for home

Event details

Event Categories – Alberta Youth Championships

Date	Competition Category	Year of Birth	Distance	Technique
Sat., Feb 11, 2017 – 10:00 am	Midget	2002-2003	5km	classic - interval
Sat., Feb 11, 2017	Mini-midget	2004-2005	2.5km	classic - interval
Sat., Feb 11, 2017– 1:30 pm	4 x 1 km relay – official teams	two boys and two girls; at least two minimidgets	1km	leg 1 and 2 - classic leg 3 and 4 - skate
Sat., Feb 11, 2017	4 x 1 km relay – unofficial teams	Any combination	1km	leg 1 and 2 classic leg 3 and 4 skate

Sat., Feb 11, 2017	Coach club relay - 3 coaches/chaperones	Club coaches and parents	1km	leg 1 classic leg 2 and 3 skate
Sun., Feb 12, 2017– 930am	Midget	2002-2003	3km	skate wave start
Sun., Feb 12, 2017– 1110am	Mini-midgets	2004-2005	2km	skate wave start

Awards

Medals to 10th place in each competition category

Club aggregate banner – awarded to the team with the most points based on the following table. Points will be calculated only for individual and official relay events. Only the top 10 skiers from each club will accrue points toward the aggregate banner.

- Awarded according to the following criteria

Finish position	Points	Finish position	Points	Finish position	Points	Finish position	Points
1 st	100	2 nd	80	3 rd	70	4 th	60
5 th	50	6 th	40	7 th	30	8 th	25
9 th	20	10 th	15	11 th	14	12 th	13
13 th	12	14 th	11	15 th	10	16 th	9
17 th	8	18 th	7	19 th	6	20 th	5
21 st and greater	1						

Trail grooming – by Greater Bragg Creek Trails Association and Kananaskis Country

Event site details – West Bragg Creek Ski Trails are located entirely within Kananaskis Country, 8 km west of the Hamlet of Bragg Creek, AB. Base elevation of trails is 1450m; high point on Stairway to Heaven race course is 1480 m. Average snowfall – 50-100 cm. Average ski season – beginning December to mid-March. The trails are the closest Kananaskis Country trails to Calgary and are heavily used by locals and recreational skiers from the greater Calgary area. It is the only greater Calgary area ski area that permits dogs on the ski trails. The trails were designed in the early 1980s by Don Gardner primarily as race trails and are the same vintage as Peter Loughheed and Ribbon Creek trail systems. Course maps will be posted on www.xcbraggcreek.ca

Accommodation

Registration in the AYC includes accommodation at Kamp Kiwanis, located in the greater Bragg Creek area. The event committee is aiming to create a social experience in addition to a ski experience. We would like all athletes regardless of their place of residence to stay at the camp. The facility includes bunk beds in dorm rooms. Everyone staying at Kamp Kiwanis will need to bring their own sleeping bag, pillow, towel and toiletries. Building on the successful model from Alberta Winter Games, chaperones, athletes and coaches will all be accommodated at Kamp Kiwanis. The camp has more than 250 beds on site and has been reserved for AYC for Feb 10-12, 2017. www.kampkiwanis.ca

Parents and younger or older siblings will be required to find their own accommodation. (Cochrane is located 20 km north of Kamp Kiwanis.)

http://www.super8.com/Super8/control/Booking/property_info?propertyId=12839&cid=IP_PP_C_GGL_TM

Waxing space

The hobby hut at Kamp Kiwanis will be available as an indoor waxing room. The space is heated. Electricity is available. No electricity or waxing building is available at West Bragg Creek Ski Trails. Clubs are encouraged to bring their own tent or shelter if desired to use at West Bragg Creek Ski Trails.

Food Services

Food services will be included in the AYC registration cost. Food services are being provided by Kamp Kiwanis. The following meals will be included in the event registration:

A snack of fruit will be provided on Friday evening.

Breakfast – Saturday on-site at Kamp Kiwanis

Lunch – Saturday -- bag lunch

Supper – Saturday at Kamp Kiwanis

Breakfast – Sunday on-site at Kamp Kiwanis

Lunch – Sunday – bag lunch

Any other food (trail snacks, Gatorade, etc.) required by teams will need to be supplied by individual teams.

Average early Feb air temperature in Bragg Creek – average daytime high of +2; average overnight low of -8.

Registration and Event Fees

Registration – www.zone4.ca

- \$145 – all categories if registered by Dec 15, 2016
- \$195 – all categories if registered by Feb 8, 2017, 8pm

AYC - \$95 – coaches, parents, chaperones – registration closing date of Feb. 8, 2017, 8pm

Contact Information:

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